BENGALURU, WEDNESDAY, MAY 22, 2024 www.Bangaloremirror.com 12 Pages PRICE ₹3

Bangalore Mirror

TEMP Max 30 | Min 22 | Humidity 68% Scattered Thunderstorms Sensex 73,953 | Nifty 22,529 | Gold 74,095 | Silver 94,290 | Dollar 83.33 | Euro 90.39 | GBP 105.78

RAISING A STINK

Visitors prefer to stay away from Sheelavantha Lake as it has turned into cesspool

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GET SOME TEETH

BBMP plans to launch free dental clinics, physiotherapy centres

PAGE 6

There was no rain since November, but seems like now that dark clouds are upon us, BBMP is going to get busy filling city's potholes

5,800: PUT A NUMBER ON THE HOLE PICTURE

670 dents on arterial, sub-arterial roads; 66 locations have bad patches

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

If there is one perennial issue in Bengaluru, it is potholes. Currently, the city has an alarming 5,500 potholes, according to Bruhat Bengaluru Mahanagara Palike (BBMP).

BBMP Chief Commissioner Tushar Giri Nath said, "We are inspecting all potholes across all zones. There are 5,800 potholes in total, with 670 on arterial and sub-arterial roads. Additionally, 66 locations have bad patches. Potholes on arterial and sub-arterial roads will be filled with cold mix, and zonal chief engineers are also working on filling them. Although the weather is rainy for the next few days, we expect no rainfall for the following 10 days, during which we aim to fill all the potholes."

Sunil Narayan, a citizen, expressed cynicism over this claim. "In Bengaluru, if there's one thing that remains constant, it's the issue of bad roads. The BBMP used to attribute the poor road conditions to heavy rainfall, but with no significant rains since the last week of November, the condition of the city's roads has only worsened though the rains began only since May first week. With a total road length of 13,873 km

CONTINUED ON PAGE 8 »

"Potholes on arterial and sub-arterial roads will be filled with cold mix, and zonal chief engineers are also working on filling them. Although the weather is rainy for the next few days, we expect no rainfall for the following 10 days, during which we aim to fill all the potholes

— Tushar Giri Nath, BBMP chief

Stray off this premise

Lack of access to govt campuses makes it difficult for volunteers to feed, rescue or carry out ABC and vaccination for dogs

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

There are many volunteers working for the welfare of stray dogs in the city. The Bruhat Bengaluru Mahanagara Palike (BBMP) Animal Husbandry Department has been organising awareness programmes and also spending a huge amount on the animal birth control (ABC) programme for strays too.

However, animal activists and workers of non-governmental organisations (NGOs) have no access to stray dogs at various government establishments and private organisations. Due to lack of awareness on stray dogs, most of the security guards at these establishments refuse to allow animal activists and volunteers of NGOs to enter their premises to vaccinate and neuter strays. If these dogs are not fed on a regular basis, there is a danger of those dogs getting aggressive thus posing danger to the residents of the campus or gated community.

The activists said there are stray dogs at military campuses, gated communities, and government establishments, especially Central Government establishments. They said that they could not either feed or facilitate ABC for such dogs as security guards do not allow them to enter the premises.

"Higher authorities must issue directions to the guards to allow activists and

CONTINUED ON PAGE 8 »

2 THINGS TO DO

01 Vintage meets excellence

Antique Home Decor is excited to announce an Exhibition cum Sale to revive and promote the art of wicker cane weaving. This special event will showcase an exquisite collection of furniture and home decor accessories, crafted from high-quality Teak and Rosewood. Enjoy discounts of up to 20% on selected pieces during the sale period. Don't miss this opportunity to own timeless pieces of furniture with a lifetime guarantee.
Where: Antique Home Decor, Whitefield; When: May 19 to May 30

02 Electrifying pop

Get ready for an unforgettable musical experience as Sanam, India's most-loved pop band, performs live in Bengaluru! Known for their soulful renditions and electrifying performances, Sanam is set to enchant their fans with an evening of sensational music. **Where: St John's Auditorium, Koramangala; When: June 22, 4 pm onwards**

Tech Nomads at Pearl Academy

Pearl Academy presented its annual event, 'Portfolio 2024,' at its Bengaluru campus, showcasing the theme of 'Tech Nomads.' This event highlighted projects that seamlessly combined technology and creativity, attracting industry professionals, alumni, and notable attendees.

Pearl Academy has recently strengthened its partnership with FDCI, offering co-certification for short-term courses and masterclasses by top Indian fashion designers. This collaboration provides students with invaluable learning experiences and industry exposure.

The event featured a variety of activities, including workshops, a fashion show, and discussions among creative aspirants. Students displayed their fashion design projects created using CLO 3D software and even produced a 3D clay model. Other impressive projects included an art exhibition in the metaverse, short films made using Unreal Engine and AI Voice Cloning, and virtual reality experiences. Additionally, students collaborated with Snapchat and Outhouse Jewellery to create a unique brand filter.

Pearl Academy's President, Aditi Srivastava, praised the students' talent and hard work, stating: "Portfolio 2024 showcases the impact of technology on design and innovation. It encapsulates the essence of our institution, where imagination meets industry." — BMB

Schools say no more board exams for grades 5, 8 & 9

Government's directive to release results using previous assessments brings temporary relief; educators call for a decisive policy change amidst ongoing chaos

| Sridhar Vivan
sridhar.vivan@timesgroup.com
TWEETS @sridharvMirror

With the government tasking schools to announce the results for grades five, eight, and nine, there is growing demand from schools for the State Government to refrain from conducting any further board exams for these grades.

Lokesh Talikatte, President of the Registered Unaided Private Schools' Management Association (RUPSA), expressed, "While we appreciate the step taken, we advocate against additional board exams as they have already led to significant confusion among students, parents, and teachers. The government should now take a decisive stance and announce its decision promptly."

Shashi Dhar, a school teacher, echoed this sentiment, stating, "Given the current circumstances, even if the government were to conduct board exams, the final outcome often resembles a typical school exam result. This raises questions about the relevance of holding board exams, as it only contributes to further chaos. We have witnessed how exams were halted by court orders, then permitted, and subsequently stayed again."

Bangalore Mirror
28L students worried about academic fate
Fifth, eighth, and ninth graders face uncertainty as the new academic year approaches; Education Department seeks legal counsel to resolve the impasse

BM report on May 20 highlighting the plight of students of grades 5, 8 and 9

The call to halt board exams for these grades stems from the belief that the current system is causing unnecessary disruptions and uncertainties. Many argue that relying on school-based assessments for these grades would streamline the evaluation process and alleviate the stress and confusion experienced by students, parents, and educators. This debate highlights the need for a comprehensive and stable assessment framework that ensures fairness and clarity in evaluating students' academic performance.

Amidst the ongoing developments, there was a positive update for students as the education department directed all schools to release the results for 5th, 8th, and 9th standard students using assessments from the previous year, including FA-1, FA-2, FA-3, and SA-1 exams. This decision was made despite the Supreme Court's temporary hold on result announcements. The urgency behind this move stems from the fact that the academic year for 2024-25 is set to commence on May 29. Any delay in announcing results could potentially hinder students' smooth transition to the next grade.

Bangalore Mirror extensively covered this issue, highlighting how the Education Department's recent decision has temporarily resolved the challenges faced by students in securing admission to the next grade at the beginning of the 2024-25 academic year. The results for 5th, 8th, and 9th standard students from the 2023-24 academic year will now be announced based on their performance in the previous year's exams.

> **"The Education Department has directed schools to declare results based on assessments from the previous academic year**
> – Anita Bhaskar, a school student

An official elaborated on the decision, stating, "The Department prioritised the educational interests of the children in making this decision. Despite opposition from certain quarters, the exams were conducted by the state government. Subsequently, the High Court initially stayed the results, followed by the Supreme Court allowing the exams to proceed. However, on April 8, the Supreme Court intervened again, placing a temporary stay on the announcement of results. This situation posed significant challenges for students seeking admission to the next grade."

"With this recent decision, students who participated in the exams will experience temporary relief. The Education Department has directed schools to declare results based on assessments from the previous academic year. This step aims to facilitate students' smooth transition and admission into the next class," said Anita Bhaskar, a school student.

Get set for VK Education fair this weekend

Get ready for Vijaya Karnataka's highly anticipated 'Education Fair,' scheduled to take place on May 25 and 26 at the prestigious Jnana Jyoti Auditorium, Bangalore Central University. The VK Education Fair 2024 promises to be a top-notch educational extravaganza, offering comprehensive information and expert guidance to students and parents navigating the path to higher education.

At the fair, attendees can explore pressing questions like 'What's the best course post-PUC?' 'Which college suits my chosen course?' and 'What study facilities do colleges offer?' With the participation of over 25 renowned universities and colleges from the state, the fair is set to be an invaluable resource, addressing parents' concerns and helping students make informed decisions about their academic journey. Plus, admission is free, making it accessible to all education enthusiasts. Get information on NEET coaching academies, job opportunities at HCL, and education loans from SBI. Avail guidance on the spot. Contact: 9916079232, 9880115666. Don't miss out on this opportunity to explore higher education prospects, scholarships, and expert advice at a convenient location in the heart of Bengaluru! — Prakash VL

Highlights of VK Education Fair

Discovering higher education opportunities: Dive into a world of possibilities as experts share insights on various higher education pathways.
Unravelling scholarships: Learn about available scholarships and financial aid options to support your academic journey.
Engaging with academic stars: Interact with PUC toppers and representatives from top colleges, gaining valuable insights and guidance.
Navigating NEET exams: Get equipped with essential information and tips for navigating the NEET exams with confidence.
Delving into seminar topics: Benefit from expert advice and discussions on a range of seminar topics, aiding in your academic and career planning. **Mark your calendars for an enriching experience at the Education Fair: Date:** May 25 and 26; **Time:** 9:30 am to 5:00 pm; **Venue:** Jnana Jyoti Auditorium, Central College Campus

To Register Scan the QR Code

BIAL forced to revoke airport parking fee after backlash

Only hours after the news of Bangalore International Airport Limited (BIAL) levying an entry fee on vehicles broke, the rule had to be revoked due to severe backlash from drivers and citizens.

Reportedly, on Monday, when the entry fee on arrival pickups was implemented without any prior notice, drivers got into heated arguments with airport staff.

Cab drivers also announced that they would stage a protest to show their dissatisfaction against the move on May 22, from Begur Road to the arrival pickup point. Many citizens deemed the entry fee as daylight robbery. A few citizens noted that the rule could have been implemented to promote usage of public transport, however, the airport is yet to get a metro connection. One can use the airport services provided by BMTC. MEMU train services are also available to the airport station, but services are not punctual. Commercial vehicles that bear a yellow board, including cabs, were required to pay a fee of Rs 150 up to seven minutes. For more than seven minutes, they would have to pay Rs 300. For private vehicles that bear a white board, a charge of Rs 150 would be levied between seven to 14 minutes. Exceeding this, they would be required to pay Rs 300. The sudden introduction caused much commotion.

BIAL had clarified that the cost would be levied only on those vehicles that make way into the airport's arrival areas and not vehicles that work with cab aggregators as they use dedicated zones for the purpose.

Meru Cabs, Mega Cabs, and KSTDC airport taxis were also exempted from the charge as they pay separate charges to BIAL.

"Unattended vehicles and vehicles staying beyond 15 minutes will be towed to the nearest police station at the owner's cost," read the board installed at the airport. The BIAL had justified the move by citing that the rule would help streamline traffic. **BMB**

BangaloreMirror
win win
Hello, dear readers.
It is Wednesday, and it is that time of the week when we ask you a question to get to know you better and also to hand out some goodies.
Here is your question:
Which story in Bangalore Mirror last week did you resonate with the most?
Let us know on our Bangalore Mirror Instagram handle (Scan QR Code below) and
win a dining voucher worth Rs 1,000/- from THE TAO TERRACES.
Please drop in the following details for you to be eligible for the contest – Name, Age, Ph no, Occupation
Alternatively, you can send us the answer and details on our whatsapp number: 9591233247
Hurry! May the early bird win the prize...

CRIME FILES

Police confirm Telugu actor was present at rave party

In a surprising development, Bengaluru Police Commissioner B Dayananda confirmed on Tuesday that a popular Telugu actor was indeed present at a rave party titled Vasu's Birthday: Sunset to Sunrise that was raided by the police on Monday.

The event took place at a farmhouse on the outskirts of Bengaluru, and authorities seized various drugs during the raid.

Previously, a few Telugu actors had released videos denying their presence at the party. However, Commissioner Dayananda gave a statement, stating they have evidence that an actor was present at the raided farmhouse.

Dayananda also clarified that no elected representatives were present at the rave. Blood samples of the attendees were collected.

The rave, organised in the Electronics City area, saw the participation of over 101 people. Confiscated substances included MDMA, cocaine, and hydro ganja. A case has been filed at the Electronics City police station over the incident.

Cafe blast: Raids conducted

The National Investigation Agency conducted multi-state raids on Tuesday as part of its ongoing investigation into the Rameshwaram Cafe blast case in Bengaluru. This incident, which occurred on March 1, involved a low-intensity IED explosion that injured 10 people and caused significant damage to the cafe. The raids targeted the residences of two doctors in Coimbatore, Tamil Nadu, on Narayanaguru Street in the Sai Baba colony. These operations were based on information linking some suspects to those involved in the blast. Additionally, NIA teams searched locations in Kumaraswamy Layout and Banashankari.

The NIA took over the investigation on March 3 and had previously arrested two key suspects, including the alleged mastermind Abdul Matheen Ahmed Taahaa, on April 12. The current raids aim to uncover further connections and gather additional evidence related to the case.

2 arrested for phone pickpocketing

The Upparpete Police have arrested two people from Gopalpura, Bagalur, in connection with phone thefts. The police recovered 176 mobile phones from various brands and a car used in the thefts. Both suspects had three prior cases of mobile theft registered at Upparpete Police Station, said Police Commissioner Dayananda on Tuesday.

He added that five individuals involved in mobile phone snatching were apprehended by Chandra Layout Police Station. The police seized 32 mobile phones worth ₹6,31,000.

Additionally, KS Layout police have nabbed an interstate criminal linked to a series of laptop thefts. Officers recovered 25 laptops, which the accused had transferred to someone in Shankarapura, Tamil Nadu.

A person was arrested near KR Pura Tin Factory in connection with a house burglary. The arrest was made on May 17. The police recovered 78 grams of gold ornaments valued at ₹4,30,000 and ₹72,000 in cash from the suspect's residence.

Indiranagar Police Station also detained an individual for running a prostitution ring at a spa. Seven women, including a foreign national, were rescued and safely reunited with their families. The spa owner is currently absconding.

Influx of sewage has ruined pristine Sheelavantha Lake

Lake was rejuvenated eight years ago and was amongst cleanest in city, but overflow of sewage into it has created unhygienic, distressing situation here

| Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

Residents of areas nearby say a sewage pipe has broken and sewage is freely entering the Sheelavantha Lake now

Once one of the city's cleanest lakes, Sheelavantha Lake now stinks, deterring visitors due to its unhygienic state. Although rejuvenated eight years ago, the BBMP Lakes Department has failed to maintain it. Sewage water entered Sheelavantha Lake through the stormwater drain, filling it with sewage. The drain, meant to carry only rainwater, brought sewage into the lake during Wednesday's heavy rain.

Rajasekhar Reddy, a resident of Nallurahalli comments, "We have been complaining to the BBMP Lakes Department for the last two years about sewage entering into the lake through the stormwater drain but nothing has been done till now. I informed the BBMP Lakes Department engineer about the need to replace the broken sewage pipe to prevent sewage from entering the lake, but the engineer cited a shortage of funds. I used to visit the lake for a walk but now I have stopped going there because of the unhygienic atmosphere at the lake."

Expressing concern over the deteriorating condition of the water body, Koshy Varghese, a resident of Nusa Dua has said that the Nusa Dua Owners Welfare Association had entered a memorandum of understanding with the BBMP for the maintenance of Sheelavantha Lake in October 2014. "The Nusa Dua Owners Welfare Association paid wages to the security guards and installed concrete benches. It spent Rs 15 to 20 lakh for the maintenance of the water body. However, after some time the Nusa Dua Owners Welfare Association cancelled the MoU due to some reasons," he adds.

He added that there was a plan to construct a sewage treatment plant, but the officials did not cooperate. "Sheelavantha Lake could be a beautiful place if the BBMP authorities maintained it properly. They need to take measures to stop sewage from entering the lake," he said.

Sandeep Anirudhan, convener of Citizens' Agenda for Bengaluru, suggests it's time to reevaluate sewage management fundamentals. He argues that the current reliance on underground drainage pipes and large sewage treatment plants (STPs) centralizes the issue, making it increasingly unmanageable."And this strategy has not only failed in India, but it has failed worldwide. By mindlessly imitating the West and adopting its unsuccessful strategies, we have exacerbated our problems. The government needs to prioritize disruption of this space, by innovation, and set up a group of scientists and technologists to come up with measures that can help push for a zero discharge policy," adds Sandeep Anirudhan. He further suggested fitting toilets with devices to recycle sewage at home or office, avoiding costly pipelines. It's time to innovate and create local solutions, easing burdens and potentially transforming cities globally.

> **"We have prepared an estimate for laying new pipes to divert sewage. The tender will be floated after the moral code of conduct ends**
> – Bhuprada, BBMP EE (Lakes)

Meanwhile, BBMP Executive Engineer (Lakes) Bhuprada has said the stormwater drain carried stagnant dirty (accumulated in the drain before it rained) water along with rainwater into the lake. "We have prepared an estimate for laying new pipes to divert sewage. The tender will be floated after the moral code of conduct ends," said the BBMP executive engineer.

Apartment complex undergoes waste management transformation

| Iffath Fathima
Iffath.Fathima@timesgroup.com
TWEETS @BangaloreMIRROR

Residents of apartment complex were trained by waste management experts

After being fined in October 2023 by BBMP officials for not following waste management rules, residents of an apartment complex in RR Nagar decided to strive for a transformation. The Prestige Bagamane Temple Bells, with around 900 families on a 13-acre property, generates about 15 tonnes of wet waste monthly.

When they were fined, the community saw this as an opportunity to reform waste management practices. Santosh Kumar, president of the owner association of the apartment complex, says, "We set an ambitious goal: to compost all wet waste on-site within our premises. This journey wasn't easy, but the determination of our association members, residents, and housekeeping staff turned this vision into reality."

The community adopted a "3M" Model: Measuring, Monitoring, and Managing. They first assessed the waste generated and then monitored residents to ensure proper segregation. Trained by experts from the Solid Waste Management Round Table (SWMRT), housekeeping staff were told not to collect unsegregated waste and to report non-compliance. This approach maintained accountability and encouraged responsibility among residents. "Now we can measure every kilogram of waste and we are segregating the waste as per NGT guidelines. For the sanitary waste, we have reached out to BBMP vendors and given it to them. As for the dry waste, we have reached out to an organisation approved by BBMP. We are now managing the waste at source and with the training given to staff they are not extremely confident to manage the waste by themselves," adds a resident of the community.

They set up mesh composters with experts' guidance. They gained hands-on experience at Swaccha Graha Kallika Kendra and now run training programs for all ages on waste management and sanitary waste disposal.

Kumar says that they now compost all community wet waste, selling their compost, dubbed "PBTB's Black Gold," to residents, nurseries, and Swaccha Graha Kallika Kendra. Association secretary Achal Venkatesh sees their journey from fine to model waste management as proof of collective effort and expert guidance's power.

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9591233247
Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Clear the block
Shanthinagar

Shantinagar residents at 69, Double Road, have repeatedly requested BBMP to clear the dirt and mud blocking their gate after the rains. The obstruction is hindering water flow and causing significant inconvenience.

Ad hazard
Bannerghatta

Real estate ads on street lighting poles and PVC material on trees along Bannerghatta Road, from Gottigere to Vega Mall signal, are causing pollution and obstructing visibility for vehicles and pedestrians.

Tree debris
Jakkuru

Remnants of a fallen tree on Subramanya Pura Road, Telecom Layout (BG.61), remain uncleared despite requests to BBMP. The responsibility is claimed to fall under an engineering division.

SMART SNACKING CAN BE A MATCH-MAKER

Get your healthy snack bowls as IPL has just got more exciting, Bengaluru

Smart snacking has a positive effect. Snacking helps to ensure blood sugar doesn't drop too low, so you don't feel too low or hungry. The reduction in calories is linked to weight loss. Many times, we feel small pangs of hunger and want to binge on healthy snacks especially when on diet. But we end up having junk or processed packed foods. This is the reason you end up gaining weight even after a workout. Dietitian, Physiotherapist and Certified Diabetes Educator, Dr Archana Batra helps you binge without breaking your calorie bank!

Hard-Boiled Egg- A high protein snack such as eggs for a mid-morning or afternoon, the protein will help to keep you full and help prevent overeating later. Also, it is rich in omega 3, antioxidants and is healthy and beneficial for your cholesterol, eyes, hair, bones etc.

Orange- Sometimes, the simpler the snack, the better are results. Oranges are great snack options because they are highly rich in antioxidants, fiber, vitamins such as vitamin c, vitamin A and other nutrients that help to boost your immunity, keeps you hydrated, protects cells from damage, are beneficial for skin etc.

A handful of almonds- Nuts such as almonds are a great source of plant proteins and vitamin E. Vitamin E in protein has important antioxidant properties that will support your overall health while ensuring that you are full.

Popcorn- You are trying to reduce your cravings not to put yourself into a food coma. That's where popcorn comes to the rescue. This salty crisp snack is low in calories. A whole-grain snack that will stick much longer than a cookie or a bowl of ice cream.

Baby Carrot with one tablespoon Dip- 8 raw baby carrots have just 42 calories and offer a great source of nutrients for eye health. Carrots are rich in fibre that helps to keep you full for a long time.

Oats- Oats can be a great addition to your diet for weight loss. They are not only low in calories but they are also high in fibre and protein that keeps you full. 1⁄2 cup (40g) of dry oats only contains 148 calories but packs 3.8 g of fibre and 5.5 g of protein– both of which can have a major effect on appetite and hunger. Fibre and protein-rich oats work to increase feelings of fullness, reduce hunger and enhance appetite control.

2 tablespoon of Hummus- Hummus is a good source of protein and vegetables have fibre which makes this a satisfying snack. They are also rich in tahini and lysine that are rich sources of amino acids methionine. Basically, it keeps you full which means no more tossing with the rumbling tummy. It is a nice snack.

Whole Grain crackers and peanut butter- A wholegrain cracker along with peanut butter is undoubtedly a delicious snack that you can eat without being alarmed about extra weight gain. Plus, peanut butter is rich in fibre and vitamin E.

Banana almond milk smoothie- 1/2 a frozen banana mixed with a cup of unsweetened milk and ice contains just about 80 calories. Bananas are free of fat and very rich in potassium that helps to reduce your weight very fast. Almond milk is low in calories and has a lot of calcium, so these two are the best low-calorie snacks for your hunger.

—Femina

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FASTEST LIVE SCORES
GILLY'S resto-bar
#LIVESCREENING
ROYAL CHALLENGERS BENGALURU
VS
RAJASTHAN ROYALS
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GILLY'S RESTOBAR, MARTHAHALLI EAST ORR | GILLY'S RESTOBAR, NEW BEL ROAD | GILLY'S RESTOBAR, ST. MARK'S ROAD | GILLY'S RESTOBAR, OLD AIRPORT ROAD
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SIT challenges bail for HD Revanna

The Special Investigation Team (SIT) has challenged the bail granted to JD(S) MLA HD Revanna, son of former Prime Minister HD Deve Gowda, in a sexual assault case registered by a former maid.

The SIT has filed a petition in the Karnataka High Court and appointed former Advocate General Prof Ravivarma Kumar as the Special Public Prosecutor.

Senior counsel CV Nagesh is expected to represent HD Revanna, who is linked to his son Prajwal Revanna's sex video scandal. The 42nd ACMM court had granted bail to HD Revanna despite the SIT's arguments for judicial custody and claims of rape charges, which they say should be tried in a session's court.

The prosecution argued, "HD Revanna and Prajwal Revanna both committed sexual assault," and that the case should not be separated. Nagesh countered, stating, "It is a false case created intentionally," and that the alleged act occurred years ago. —IANS

BBMP plans free dental clinics across Bengaluru

Palike considers launching dental clinics on a pilot basis at primary centres, aiming to provide free treatment for those in need

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

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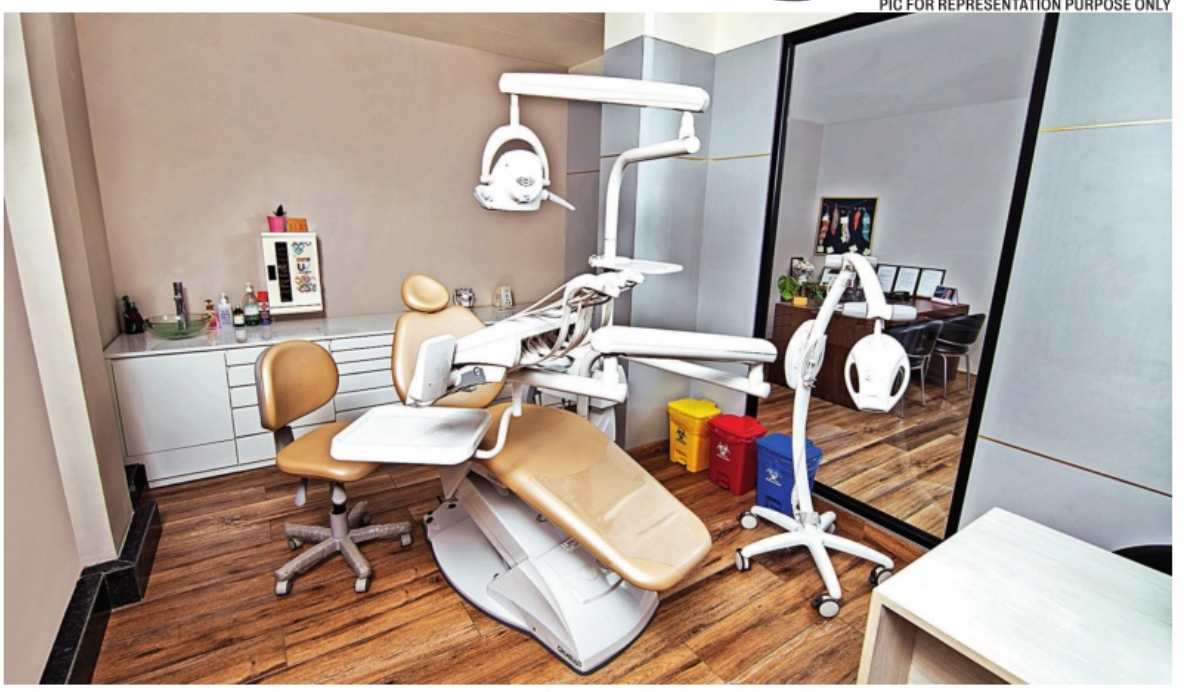

Here's good news for people who can't afford dental treatment fees: The Bruhat Bengaluru Mahanagara Palike (BBMP) is contemplating starting one dental clinic at each its eight zones in the city.

The dental clinics would open on a pilot basis at the BBMP zones to provide free treatment for people suffering from dental problems. "We have prepared a proposal for opening dental clinics on a pilot basis. The BBMP Special Commissioner is convinced about the need to open dental clinics for the welfare of poor people suffering from dental problems," said BBMP Chief Health Officer Dr Syed Sirajuddin Madini.

The Chief Health Officer stated that dental services would be provided for people suffering from dental problems on par with government hospitals. "We are in talks with dental colleges to avail the services of dentists for the benefit of patients visiting dental clinics. There is a proposal to have a physiotherapy facility at the primary health centres. There is a possibility of having one dental clinic and physiotherapy facility at each Assembly constituency, but a final decision will be taken only after getting the BBMP Chief Commissioner's nod," the Chief Health Officer said.

The BBMP has allocated Rs 275 crore for improving health infrastructure in the city. "We thought of utilising the fund for setting up new facilities. We have prepared the proposal and sent it for the approval of the BBMP Chief Commissioner. We will launch the dental clinics and physiotherapy facilities as soon as we get approval from the BBMP Chief Commissioner. We are contemplating engaging doctors on call," said BBMP Special Commissioner (Health) Suralkar Vikas Kishore.

> **"I am suffering from a dental problem (cavity) and I need to spend a minimum of Rs 1,000. If the BBMP opens dental clinics, it will be of great help for people like me**
>
> –Ashok B, an auto rickshaw driver

Meanwhile, residents and social activists have welcomed the BBMP's proposal to open dental clinics and physiotherapy centres for the benefit of people from economically weaker families. "I am suffering from a dental problem (cavity) and I need to spend a minimum of Rs 1,000. If the BBMP opens dental clinics, it will be of great help for people like me," said Ashok B, an auto rickshaw driver.

Murugan N, a security guard, said that dental treatment has become more expensive for people from poor families. "I appreciate and welcome the BBMP Health Department's proposal to open dental clinics and physiotherapy centres," said Murugan.

Welcoming the BBMP's proposal for opening dental clinics and physiotherapy centres, T. Narasimha Murthy, a human rights activist, said that the opening of dental clinics and physiotherapy centres would be a great help for people from economically weaker sections.

"I want the BBMP authorities to maintain the dental clinics and physiotherapy centres properly by ensuring the required infrastructure and manpower," said Narasimha Murthy.

Neglected CBD roads: Will BBMP fix them?

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

Bengaluru Smart City Limited (BSCL) developed many roads in the Central Business District (CBD) area by spending a huge amount of taxpayers' money. Infantry Road is one of these roads developed by the BSCL. However, the quality of development of Infantry Road, especially footpaths, is far from satisfactory.

The roads developed by the BSCL were handed over to the Bruhat Bengaluru Mahanagara Palike (BBMP) for maintenance. If the condition of footpaths and broken or damaged electrical equipment is any indication, it seems the BBMP authorities are yet to realise that they have to maintain these roads.

The condition of the name board on Infantry Road; The broken electrical junction box

A name board on Infantry Road near the Income Tax Office is damaged, and no effort is made to straighten or remove it, which has become an eyesore for pedestrians as well as motorists passing through Infantry Road and Queen's Road. Concrete around the manhole on the footpath adjacent to the Income Tax Office compound wall has already developed cracks, and it may cave in soon, causing much inconvenience to pedestrians.

"I am not happy with the quality of the work. Electrical junction boxes are either missing or damaged here. It will look nice if the BBMP authorities replace the broken electrical junction boxes with new ones. The broken electrical junction boxes may pose danger to unwary pedestrians and children who walk on this footpath," said Vinod S, a pedestrian.

There is nothing to celebrate about the condition of the footpath near the entrance of the Income Tax Office. One bulb is missing from one of the electric poles installed along the footpath. One of the electric poles' bases is damaged. "The withered plants on the footpath are a classic example of BBMP authorities' apathy," said a pedestrian.

Meanwhile, BBMP executive engineer (Shivajinagar Sub-Division) said that he would look into the matter.

कोर्ट नोटिस

न्यायालय,
सिविल जज सिनीयर डिवीजन नं.-6
डालटनगंज, पलामू, व्यवहार न्यायालय झारखण्ड

ओरिजिनल सुट नं: 91/2015

रेणु देवी वगैरह ..... वादी
बनाम्
कलावती कुंअर वगैरह ...प्रतिवादी

नोटिस बनाम -

4(a) जिया रानी पिता स्व. संजय कुमार सिंह द्वारा राजलक्ष्मी (प्रतिवादी सं.-3), निवासी- ग्राम/मुहल्ला हमीदगंज, पोस्ट एवं थाना-डालटनगंज, जिला पलामू झारखण्ड।
5. श्रीमति कमला देवी पति स्व. शिव कुमार सिंह, निवासी ग्राम व पोस्ट मिर्जापुर, जिला औरंगाबाद, बिहार।
6. श्रीमति सचिता देवी पति स्व. रामाकान्त सिंह निवासी मुहल्ला हमीदगंज, पोस्ट व थाना डालटनगंज, जिला पलामू झारखण्ड।
7. श्रीमति लिलावती देवी पति राजबल्लभ प्रसाद सिंह, निवासी मुहल्ला, ए/58 आनन्द बिहार, बेली रोड, पटना-14, बिहार।
8. श्रीमति शिला देवी पति श्री आनन्द शंकर सिंह, निवासी ग्राम व पोस्ट मध्यमेश्वर दारानगर, वाराणसी, उत्तर प्रदेश।
9. श्रीमति मंजु देवी पति श्री सतीश सिंह निवासी सुनैना निवास मोहल्ला प्रताप नगर, पोस्ट एवं थाना डालटनगंज, जिला पलामू, झारखण्ड।
10. उमंग कुमार सिंह
11. गौरव कुमार सिंह
क्रमांक सं.- 10 व 11 पिता स्व. चंद्रशेखर सिंह एवं स्व. सर्वीणा देवी, निवासी श्याम नगर नीमा, पोस्ट व थाना सेरघाटी, जिला गया बिहार।
12. माधवी सिंह पति श्री महेन्द्र प्रताप, निवासी-4 लल्लीलेन नजदीक कासवन हल्ली, निकट एस.जी. आर. मुनिकोलाला डेन्टल कॉलेज, बैंगलोर, कर्नाटका- 560037
13. प्रिया सिंह, पति श्री पंकज कुमार सिंह निवासी-65 इण्डियन बैंक एक्स्क्युटीव हाउस, बम्पास रोड, सदर एवेन्यु कलकत्ता, वेस्ट बंगाल, 700029

बजरिये इस प्रकाशन नोटिस के द्वारा आपको सूचित किया जाता है, कि उपरोक्त वादी ने आपलोगों के विरूद्ध उपरोक्त मूल वाद दाखिल किया है, जिसमें उपस्थिति हेतु आपलोगों के विरूद्ध न्यायालय द्वारा निबंधित एवं नजारत द्वारा नोटिश भेजा गया था, परन्तु अभी तक आपलोग उपस्थित नहीं हुए। इस वाद की सुनवाई हेतु अगली तिथि दिनांक 19.6.24 को समय प्रातः 7:30 बजे निर्धारित की गई है। अतः इस प्रकाशन नोटिस के माध्यम से सूचित किया जाता है कि आप स्वयं या अपने अधिवक्ता के माध्यम से निर्धारित तिथि एवं समय पर न्यायालय में उपस्थित होकर समुचित पैरवी करें, अन्यथा आपलोगों की अनुपस्थिति में उक्त वाद में एकतरफा सुनवाई करके आदेश पारित कर दिया जायेगा। इसे सख्त ताकिद जानें।

यह नोटिस मेरे हस्ताक्षर एवं न्यायालय की मुहर से आज दिनांक 16.5.24 को जारी किया गया।

ह0/- सिविल जज शिखा अग्रवाल
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CHANDAN B, ADVOCATE
Nelamangala Date: 16/05/2024

What an honour— Sushmita Sen on Tuesday celebrated the 30th anniversary of winning the Miss Universe pageant, saying it is an honour that she will cherish forever. Sen was just 18 when she became the first Indian woman to win the beauty pageant

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Let the just prevail

There is no dearth of movies with catchy titles in Sandalwood. The latest in the list is a movie in the making titled – Sambhavami Yuge Yuge – a well-known verse of Bhagavad Gita where Lord Sri Krishna tells Arjuna that he manifests himself in every age of time to re-establish dharma. The movie is directed by Chetan Chandrasekhar Shetty.

The team of Sambhavami Yuge Yuge released the character motion poster recently and it received good response. Jay Shetty plays the lead in the movie. Going by the title, it seems to be a movie about people vulnerable to exploitation by goons and a young man who not only rescues such people but also punishes those responsible for chaos in society. The movie is being bankrolled by Prathiba under the banner Rajalakshmi Entertainment.

Director Shetty said that he wrote the script based on the timeless verse of the Bhagavad Gita. "Though I got inspiration from Bhagavad Gita, the movie is an out-and-out commercial flick. It has all elements including suspense, action, love, and sentiment," said the director.

The movie's shooting was held in and around Channapatna and the team of the movie is busy with the post-production work. The movie has four songs with music by Puran Shettigar.

Unexpected support

Debutant director Kiran Subramani is delighted about the unexpected support from hardcore fans of Action Prince Dhruva Sarja to his maiden Kannada movie C which highlights the bond between father and daughter.

"I am very lucky to release – Kandaa Kandaa – one of the songs of my movie by none other than my favourite actor Dhruva Sarja. My joy knew no bounds when Dhruva Sarja appreciated the song. He wished the cast and crew of the movie all the best. The song is sung by Vasuki Vaibhav," said Subramani.

The director said that many of Dhruva Sarja's fans have come forward to promote his movie C. "I felt very happy when Dhruva Sarja's fans called me over the phone to extend their support. They told me that they have already begun promoting the song," the director said.

He said that he made some short films that were screened at some film festivals. "I decided to test my ability in helming feature films. The movie C is about a visually-challenged daughter and her father who work hard and sacrifice everything to ensure his daughter regains her sight," he said.

INTENSE WORKOUT

Janhvi reveals rigorous training she went through to play cricketer's role

Bollywood actor Janhvi Kapoor is gearing up to enthral audiences with her upcoming Sharan Sharma directorial 'Mr & Mrs Mahi,' alongside RajKummar Rao. During the film's promotional event in Delhi on Tuesday, Janhvi shed light on the arduous journey she embarked on to step into the shoes of her character, Mahi, a doctor turned cricketer.

With the trailer already released, excitement is building among fans. During the promotion, Janhvi revealed the strenuous preparation she underwent for her role, which involved rigorous strength training and a demanding fitness regimen. The 27-year-old actor shared, "I wasn't very radiant while shooting for this film. When I started preparing for this film, I was promoting 'Good Luck Jerry'. I was possibly shooting for 'Mili' and I was about 8-9 kilos heavier. Sharan was very stressed and told me that I didn't look like a cricketer. He said if I really wanted to do this film, I needed to start losing weight and begin cricket training."

This marked the beginning of an intense transformation for Janhvi. Her daily routine was packed with physical training, guided by her coach, Abhishek Nair.

"My daily routine was very intense. I was at the peak of my training, and my coach, Abhishek Nair, said that the training I was undergoing was more intense than what they did with their IPL players," Janhvi elaborated.

She also shared that her routine included gruelling sessions in the nets with Kolkata Knight Riders (KKR) players, strength training, conditioning, cardio, and cricket practice spanning over five to six hours every day. Janhvi's commitment to her role led her to adopt a strict low-carb diet, causing noticeable changes in her physique that even other filmmakers couldn't overlook. "I used to wake up in the morning and practice in the nets with the KKR players, who he had recruited. We would practice there for 2 hours. Then I would go to Bandra for strength training, conditioning, and cardio, which took about an hour," she said. **—ANI**

Just for fun

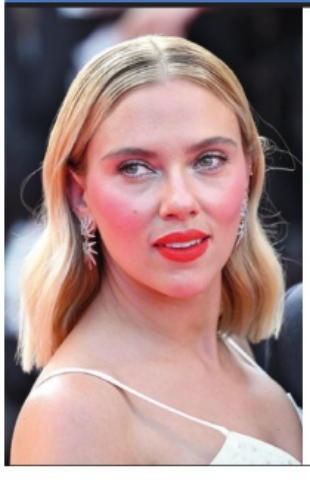
Bollywood actor Aparshakti Khurana, known for his wit and humor, recently delighted fans with a fun video that blends motivation and entertainment, encouraging his followers to hit the gym with a positive attitude.

The 'Stree' actor, on Monday, took to his Instagram account to share the hilarious video.

In the video clip, Aparshakti appears to be flying like a butterfly on his way to the gym. The actor achieved this effect by recording himself hopping multiple times and then combining the snippets to make it look like he was soaring through the air.

At the end, Aparshakti reaches the gym and starts his workout. The text on the video reads, "The butterfly in me just going to the gym on Monday." Soon after he shared the video, fans chimed in the comment section about how funny the video was.

— ANI



OpenAI blinks after Scarlett 'voice theft'

Hollywood actor Scarlett Johananson has said she was "shocked", "angered," and "in disbelief" after Microsoft-backed startup OpenAI launched an Artificial Intelligence personal assistant voice that was "eerily similar" to her own voice.

Johansson's statement was released hours after Sam Altman-founded tech company said it was taking down the voice it had dubbed as 'Sky.' OpenAI had last week unveiled a new version of its flagship ChatGPT chatbot, which can read text aloud to users and can receive and respond to voice commands, images and videos.

Several people compared the similarities between the chatbot's tone with that of Johansson's in the 2013 film 'Her'. Directed by Spike Jonze, the movie is about a man who develops a close relationship with an advanced piece of software. The Operating System takes the persona of a female and calls herself Samantha. In the film, the Academy award nominated Scarlett Johansson is the voice of Samantha. **—Agencies**

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PRINCIPAL HON. SECRETARY

Problem lies in the foundation, say experts

CONTINUED FROM PAGE 1

within the BBMP jurisdiction, including 1,344 km of arterial and sub-arterial roads and 12,529 km of ward-level roads, the BBMP invests significant funds in road maintenance. However, roads remain far from being suitable for smooth travel. The poor road conditions contribute significantly to accidents, with Bengaluru witnessing an average of three accident-related deaths daily, according to traffic police data. The deteriorated bitumen surfaces lead to dusty roads, posing challenges for residents and motorists alike."

An official said that to address the issue, a hot mix plant has been established near Kannur. Previously, the BBMP relied on contractors for hot mix asphalt, raising concerns about material quality. The new plant, with a capacity of 100/120 TPH, will be overseen by the Traffic Engineering Cell (TEC) of BBMP.

A BBMP official explained, "We will procure the required asphalt from the plant whenever needed for road repairs or pothole fixes." The plant, constructed on a 3-acre land in Kannur at a cost of approximately Rs 3.5 crore, is part of a larger initiative that includes setting up another plant of similar capacity at Bandepalya. Despite a huge investment of Rs 7.50

crore for the plant, their full utilisation remains a concern. The Kannur plant, operating at 120 tonnes per hour, has the potential to produce 50 loads in 10 hours at a temperature of 160 degrees Celsius. "We are using the hot mix from the Kannur plant to address potholes in the city. An allocation of Rs 15 lakh has been made for pothole repairs on ward-level roads," the official said.

The tender process has been completed for a 12-month contract covering all 225 wards, with BBMP allocating a total of Rs 33 crore for the road maintenance work.

Deadline dampener

Ensuring timely repairs before the monsoon is a priority to prolong the lifespan of the repaired roads. Last year, BBMP had set two "self-imposed" deadlines of November 30 and December 31 to achieve a pothole-free Bengaluru.

Shanti Kumar from Yeshwanthpur said, "BBMP's deadlines seem meaningless as they are consistently unmet. The condition of the roads has deteriorated further, especially noticeable when transitioning from smooth highways into bumpy city roads. Even seemingly intact roads are so uneven that driving becomes a challenge."

It may be noted that BBMP's earlier promises to designate certain areas as "pothole-free zones" now seem more like rhetoric than actionable plans. Road experts stress the necessity of analysing the underlying causes of Bengaluru's road deterioration and frequent pothole formation. They pinpoint the inadequate quality of the road's foundational layers, comprising assorted crushed stones, as a primary issue.

This weak base compromises the integrity of the top bitumen layer, contributing to potholes. Experts stress the importance of reinforcing this foundational layer to withstand heavy vehicular loads.

Comparisons with international cities underscore the stark contrast in road quality, urging Bengaluru to adopt superior standards. The focus shifts from attributing potholes solely to external factors to addressing systemic weaknesses within the city's road infrastructure, advocating for lasting solutions beyond temporary repairs.

Allow access to stray dogs in govt campuses

CONTINUED FROM PAGE 1

volunteers to access dogs for vaccination and the ABC programme. There have been instances where guards allow volunteers to take dogs out of the campuses but don't allow relocating them back to the campus. I am told that there are around 60 stray dogs at NAL campus but there is no clue whether these dogs are neutered," said Nandita Subbarao, an animal activist.

Activists have urged the BBMP Animal Husbandry Department to write letters to these establishments explaining the law and requesting access to dogs for ABC and vaccination, feeding and rescue. They want support from guards or residents of those establishments to the volunteers to facilitate ABC and other welfare programmes.

"We have been slogging to have access to stray dogs at government establishments. If the strays are neutered and vaccinated, it will be a great relief to the residents. The access to these establishments will facilitate ABC, ARV, and feeding for the welfare of stray dogs," said Priya Chetty-Rajagopal, Trustee, CJ Memorial Trust.

Sukanya Sinha, resident of CV Raman Nagar, who works as a physicist at Indian Statistical Institute, said she would like to see restrictions on feeders and BBMP agencies to catch dogs for ABC and vaccination be lifted.

"I live close to the DRDO compound. Lack of proper access to these areas results in these stray dogs not being neutered or vaccinated. This leads to an explosion of stray dog population and pose danger of potential rabies cases. I see so many unsterilised dogs roaming in the area and new puppies. This can lead to increased human animal conflict as well. Not allowing feeders will make the dogs hungry and aggressive," said Sinha.

She said that the city has a network of hyperlocal animal squads initiated by Chetty-Rajagopal. "Volunteers from the squads will be more than happy to work with the authorities of these restricted areas to arrive at a solution which will benefit humans and animals alike," she said.

Radha Amarnath of Asra said that Asra staff too faced similar problems at the defence establishments in Yelahanka. "Initially, security guards did not allow our staff to catch stray dogs for ABC. Later, they facilitated access to stray dogs. Now, our employees face no such problems," she said.

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I Sunny Gopan S/O, Thankappan Sunny R/o Flat ET100 ,E block, Ittina Neela Apartment Glass Factory Layout, Electronic City, Anandapura, Bangalore-560100 have changed my name to Sunny Gopen.

I, Omkaryadav Krishnamoorthy, S/o Krishnamoorthy, R/o No 27, Parama Jyothi Nilaya Raghavendra Layout Kadabagere Post Dasanapura Hobali Bengaluru 562130 I have changed my name to OMKHAR vide affidavit dated: 11/05/2024 Before Notary B M CHANDRASHEKAR Bangalore

I Chandana Prrasat Channasandra Vishwaprasad D/o B Vishwa Prasad R/o Ganapathi Prasada Nilaya Ramegowda Nagara Thimma Reddy Building B'lore-560067 have changed my name to C V Chandana prasad for all purposes.

I, Sweety Daga R/o 863E/2, 3rd block, 12th main, 7th cross, Koramangala, Bengaluru 560034 have changed my minor daughter name from Divyansi Surana to Divyansi Daga Affidavit Dt.21/05/2024 notary Harisha G, B'luru

I, Sweety Surana W/o Mukesh Kumar Daga R/o 863E/2, 3rd block, 12th main, 7th cross, Koramangala,Bengaluru 560 034 have changed my name to Sweety Daga Affidavit dt.21/05 /2024 notary Harisha G, B'luru

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How to change your toddler from a picky eater to one who tries new foods

As a culinary nutritionist and a new mom, I've experienced firsthand the joys and challenges of navigating my toddler's ever-changing palate. The journey from picky eater to adventurous foodie is both exciting and daunting, but with patience, creativity, and a dash of culinary magic, it's entirely possible to guide our little ones towards a love for diverse and nutritious foods.

Understanding The Toddler Palate

Toddlers are notorious for their fickle eating habits. One day, they might devour a plate of broccoli with gusto, and, the next, they'll turn their noses up at it. This phase, often termed 'neophobia' or fear of new foods, is a normal part of development. Understanding this can help parents approach mealtime with empathy and creativity rather than frustration.

Strategies To Expand Your Toddler's Palate

Introduce A Rainbow Of Foods: Variety is the spice of life, and it's essential for young eaters. Introducing a rainbow of fruits and vegetables not only provides a range of nutrients, but also makes meals visually appealing. Toddlers are more likely to try foods that look fun and colourful. Think bright red strawberries, vibrant orange carrots, and deep green spinach.

Make Eating Adventurous: Children are keen observers and often mimic their parents. If they see you enjoying a wide array of foods, they're more likely to be curious and willing to try new things. Make it a point to eat together as a family and savour your meals. Talk about the flavours and textures to pique their interest.

Involve Them In The Kitchen: Toddlers love to feel involved, and cooking is a fantastic way to harness this curiosity. Simple tasks such as washing vegetables, stirring batter, or arranging food on a plate can make them more interested in eating what they've helped prepare. It's also a wonderful opportunity to teach them about different ingredients and how food is made.

Play With Presentation: Sometimes, a creative presentation can make all the difference. Use cookie cutters to make fun shapes out of fruits, vegetables, and sandwiches. Create a food art masterpiece on their plate. A butterfly made from sliced cucumbers and bell peppers can be much more enticing than a plain pile of veggies.

Keep Portions Small: Toddlers have small stomachs and can be overwhelmed by large portions. Offer small amounts of new foods alongside familiar favourites. This way, trying something new doesn't feel like a big commitment. And celebrate small victories; even a single bite is progress!

Dealing With Rejection

It's inevitable that some foods will be met with resistance. When this happens, remain calm and avoid turning mealtime into a battle. Encourage your toddler to try at least one bite, but, if they refuse, don't force it. Sometimes it takes multiple exposures (up to 15 or more!) for a child to accept a new food.

Sneaky Nutrition Boosters

While it's essential to encourage a love for whole foods, there are times when a little stealth can ensure your toddler gets the nutrients they need. Here are a few of my go-to tricks:

Smoothies: Blend leafy greens such as spinach or kale with sweet fruits such as bananas and berries. Add a dollop of yoghurt or a splash of milk for creaminess.

Hidden Veggies: Incorporate finely-grated or pureed vegetables into sauces, soups, and casseroles. Carrots and zucchini work wonderfully in pasta sauces and meatballs.

The Whole Grain Switch: Use whole grain versions of pasta, bread, and rice. They often have a similar taste and texture but provide more fibre and nutrients.

Emphasise Positive Experiences

Above all, make mealtime a positive experience. Avoid using food as a reward or punishment, as this can create unhealthy associations with eating. Encourage exploration and make trying new foods an adventure. Celebrate their successes, no matter how small, and remain patient and consistent.

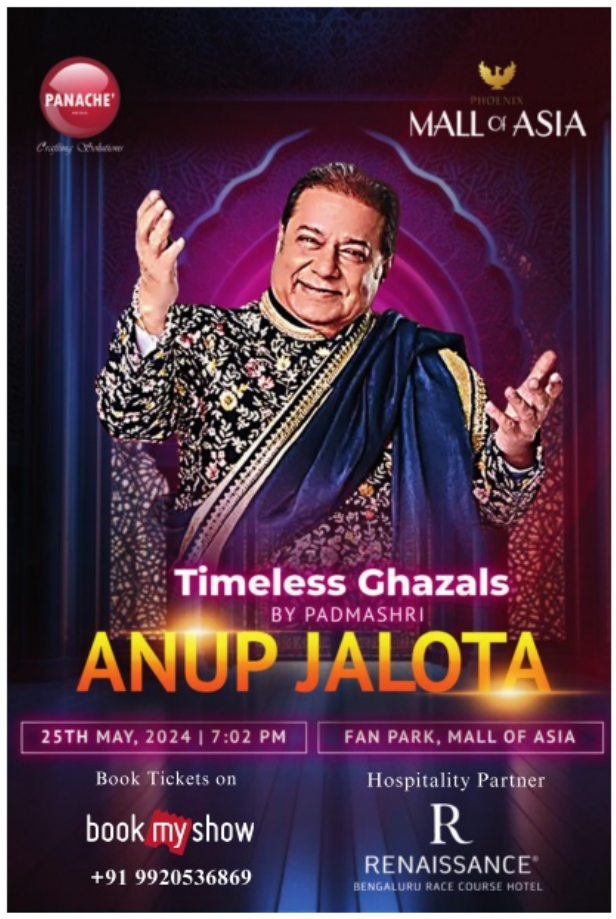
Transitioning a toddler from a picky eater to an adventurous foodie is a journey filled with ups and downs. It requires creativity, persistence, and a lot of patience. As both a culinary nutritionist and a new mom, I can assure you that the effort is worth it. Not only will it help your child develop a healthy relationship with food, but it will also set the foundation for lifelong healthy eating habits. So, embrace the mess, the trial and error, and enjoy the adventure of exploring the world of food with your little one.

—Culinary nutritionist Eshanka Wahi for Femina

(Disclaimer: All views are the author's own)

HEALTH TIP: Castor oil can help make your eyelashes thick and strong

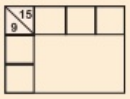
Bottle gourd's dietary fibre content renders it an exceptionally beneficial vegetable in the prevention of digestive issues



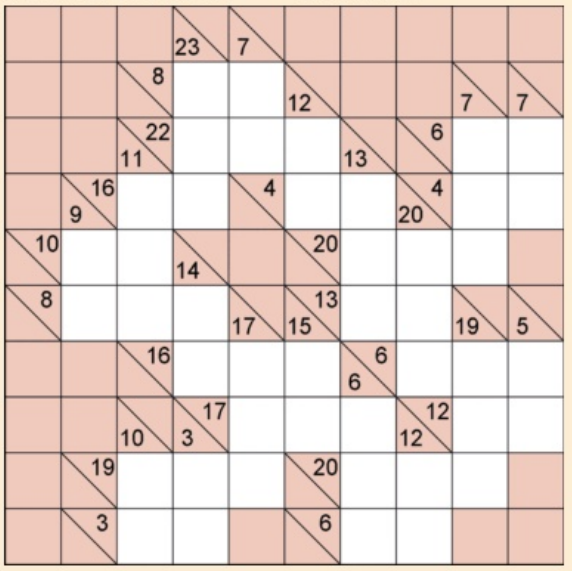
FARNAZ

Kakuro

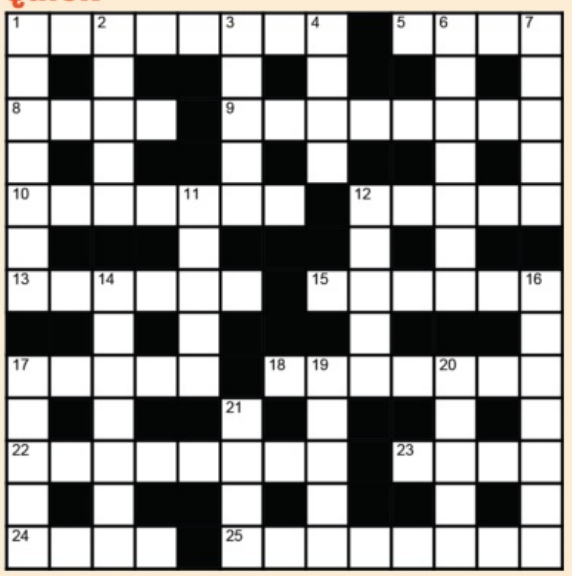
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 On a summit or in a commanding and dominating position? (2,3,3)
5 Unruly child (4)
8 Steals from (4)
9 Wriggled with embarrassment (8)
10 Inflicts retribution on behalf of (7)
12 Governess (5)
13 Draw back instinctively (6)
15 Vidhyarthi ____ : Dosa place in Gandhi Bazaar (6)
17 Form or pattern (5)
18 Generally (2,1,4)
22 Aircraft industry (8)
23 202 in Roman numerals (4)
24 Hangs loosely (4)
25 Catastrophe (8)

DOWN

1 Guru Dutt's 1954 production (3,4)
2 Place for meals (5)
3 One of the five senses (5)
4 One of the Apostles (4)
6 Russian royal house (7)
7 In these times (5)
11 Show the way (5)
12 Former India paceman Ashish ___ (5)
14 Cajoling or beguiling (7)
16 Poorer or more distressed? (7)
17 Lathers (5)
19 Ballads (5)
20 Full-length (5)
21 ___ cats : lions or tigers (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: J EQUALS U

PZ IUJ QCMM ZCPMJAVL VEFVAPDVYOL, IUJ QCY FJO OWVD PY IUJA AVLJDV CYK QMCPD OWVD CL CQWPVRVD-VYOL.

Linemaro

How do you make yourself look like a million dollars?

Mindchow

The best things in the world can't be seen or touched; they must be felt with the heart

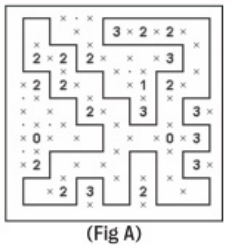
Joke of the day

A kleptomaniac: A person who helps himself because he can't help himself

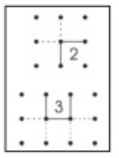
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

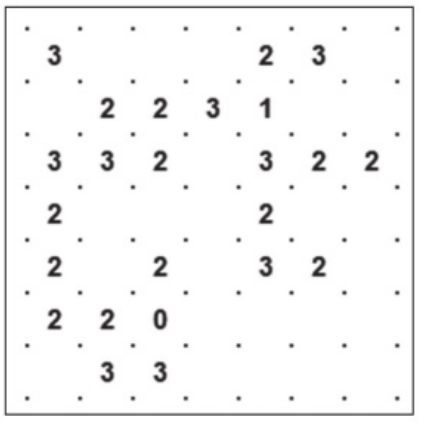


(Fig B) Not Allowed

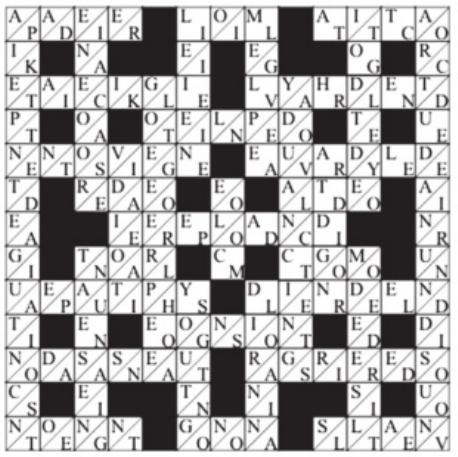
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



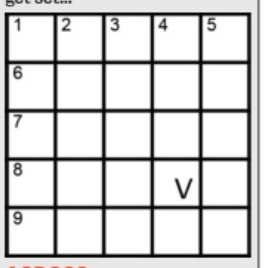
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

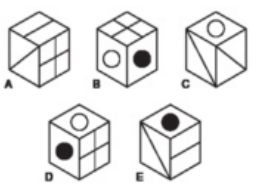
1 Brags; 6 To err; 7 I talc; 8 Vesta; 9 Roast

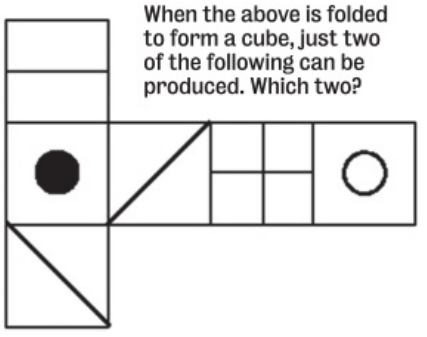
DOWN

1 Girts; 2 Caret; 3 At art; 4 V Bora; 5 Loess

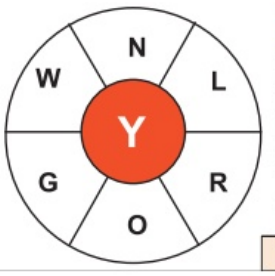
Mensapuzzle

When the above is folded to form a cube, just two of the following can be produced. Which two?





Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; 05 Good; 06 Outstanding

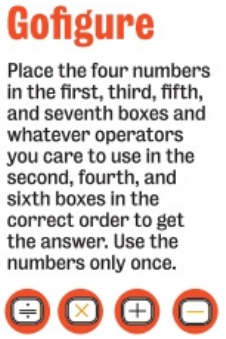
SudokuChallenge

7			1		9			3
1		2		7		5		8
		9				6		
		4	2		6	1		
8								7
		1	5		7	4		
		6				8		
9		7		1		3		6
5			9		2			4

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



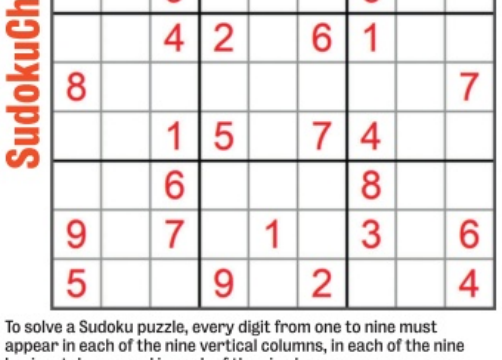
Easy = 24
4 4 7 9

Medium = 25
4 6 7 8

Hard = 9
3 4 4 3

Hocusfocus

Find at least six differences in details between panels.



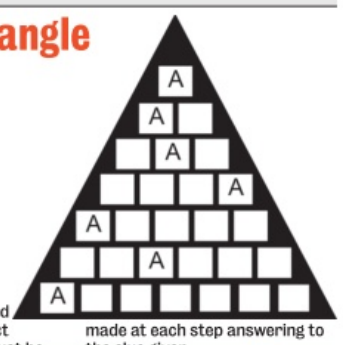
Differences: 1. Man is thinner. 2. Mustache is added. 3. Hat is larger. 4. Finger is moved. 5. Lapel is missing. 6. File cabinet is taller.

Riddler

If you behead the right word (or cut the first letter off) you will form the correct new word. For example behead a word meaning 'not fast' and be left with a word meaning 'not high'. The word you would be looking for is Slow (Low). Now try these:
Behead an animal and leave an animal.
Behead an animal noise and leave a vessel.
Behead hard work and leave something slippery.
Behead a drill and leave a rock.

Alpha triangle

1 First letter
2 Anno Domini
3 Pop
4 Icelandic tale
5 Given help
6 Crown
7 Looked up to

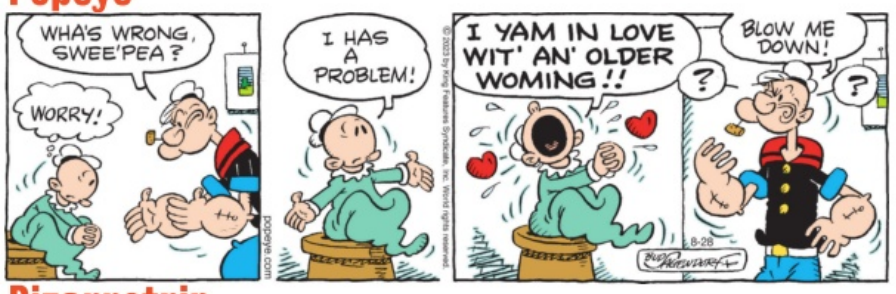


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

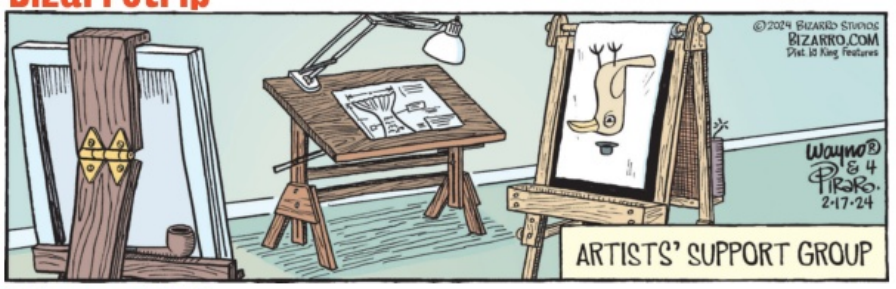
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye



Bizarrotrip

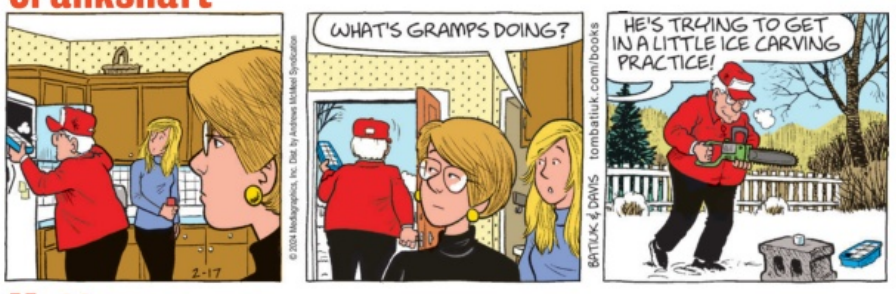


Diamond Lil

Hart of the city

COME IN, COME IN! DON'T LEAVE MY GRAND-DAUGHTER OUT IN THE COLD!!
MOM, I THINK SHE CAN HANDLE THE TREK FROM THE CAR TO THE HOUSE.
HEART OF THE CITY © 2024 ANDREWS MCMEEL
@OCONNELL.COM/HEARTOFTHECITY

Crankshaft


WHAT'S GRAMPS DOING?
HE'S TRYING TO GET IN A LITTLE ICE CARVING PRACTICE!
2-17
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Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, your inner strength may help you start some innovations at work. You might receive a big order in your family business, boosting growth. New responsibilities at your job may keep you busy, and job seekers might find good opportunities. Improved understanding with your spouse can maintain harmony in your family life.

Taurus Apr 21 – May 20
Today, you may feel dull, and your health might not be at its best, causing nervousness, anxiety, and restlessness. It's advised to postpone important business or real estate investments and avoid rash driving and long-distance travel. Meditation could help control messy situations.

Gemini May 21 – Jun 21
Blessings from elders may make you happy, and your investments could yield profits, converting losses into gains. Your savings might boost your bank balance, and you may plan to invest in your children's future. Enjoying delicious food at home is likely, and any problems related to your throat, teeth, ears, or nose may be resolved.

Cancer Jun 22 – July 23
You are blessed by elders today, enhancing your patience and focus at work. Your parents' health may improve, allowing you to spend quality time with them. Meeting an influential person could benefit your professional life, and enjoying romantic moments might increase harmony in your domestic life.

Leo Jul 24 – Aug 23
You may feel spiritual today and help needy people around you, possibly planning to donate to charity or religious places. Your good karma could bring success in difficult projects, and you might feel a divine presence aiding you in unpredictable situations. An interest in the occult and deep study may attract students.

Virgo Aug 24 – Sep 23
Today, you might feel dull and suffer from hidden fears, making you anxious and mistrustful. Meditation and prayers could help you overcome these feelings. Elderly blessings might help you come out of this situation by late evening.

Libra Sep 24 – Oct 22
You may be busy at work today, expanding your network, which could help you secure a big business order. Innovations in partnership might start, and investments in your business may increase your future growth. Emotional relationships with your spouse are likely to improve.

Scorpio Oct 23 – Nov 22
Today, you may find yourself in a self-analysis state, boosting your confidence. A clear focus on your goals could lead to success, and your creativity might improve, sparking interest in artefacts, movies, glamour, and real-life objects. By the end of the day, you might feel satisfied with your life, and your opponents are likely to be under control.

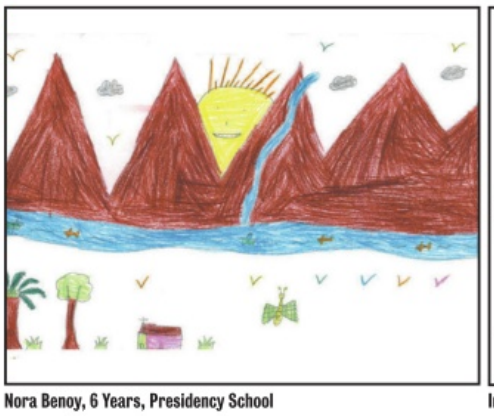
Sagittarius Nov 23 – Dec 22
You will likely use your creativity to renovate your house or office. Focus on your goals may be strong, but overworking could tire your mind, causing anxiety, restlessness, and stress, affecting domestic life. Students should avoid fantasy in their studies and focus with dedication.

Capricorn Dec 23 – Jan 20
You may feel dissatisfied today, with people around you being uncooperative. Patience is advised, and careful reading of documents before signing any contracts is necessary. Avoiding new investments in useless items is recommended. Students should study their subjects patiently.

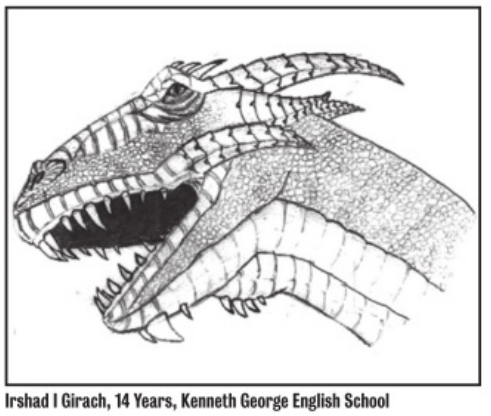
Aquarius Jan 21 – Feb 19
Enthusiasm and focus might speed up your postponed projects today. Subordinates could help you start a new project, promising profits soon. Expect some short trips related to family issues, and job seekers might hear good news.

Pisces Feb 20 – Mar 20
Family issues may keep you busy today, leading to important domestic decisions. Avoid arguments in personal matters, as arrogance could affect domestic harmony. Trusting your intuition before making business investments is advised.

KIDZONE



Nora Benoy, 6 Years, Presidency School



Irshad I Girach, 14 Years, Kenneth George English School

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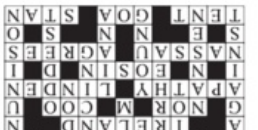
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
12÷3×4−6×1
4×4−6
16−6
10

BULL'S EYE
glory, gory, gyro, only, orgy, WRONGLY

STRIKE OUT



QUICK

MENSA PUZZLE
A and E

QUOTE UNCODE
If you call failures experiments, you can put them in your resume and claim them as achievements.

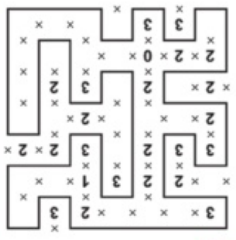
SUDOKU

5	8	3	9	6	2	7	1	4
9	4	7	8	1	5	3	2	6
2	1	6	7	4	3	8	5	9
6	9	1	5	8	7	4	3	2
8	2	5	4	3	1	9	6	7
3	7	4	2	9	6	1	8	5
4	5	9	3	2	8	6	7	1
1	3	2	6	7	4	5	9	8
7	6	8	1	5	9	2	4	3

ALPHA TRIANGLE
A, AD, Dad, Edda, Aided, Diadem, Admired.

GO FIGURE
Easy
7 + 4 + 9 + 4 = 24
Medium
4 + 8 + 7 + 6 = 25
Hard
3 + 4 − 4 × 3 = 9

LOOP



KAKURO

FAST FIVE

G	R	A	B	S
R	E	T	R	O
I	C	T	A	L
S	T	A	V	E
T	A	R	O	S

RIDDLER
Fox Ox, Bark Ark, Toil Oil, Bore Ore

Volume No 17, Issue No 102 RNI NO:KARENG/2007/21142 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011 and printed by him at Bennett Coleman & Co Ltd., The Times of India Press, No. 9/10/11-A, 4th Main, KIADB Bommasandra Industrial Area, Anekal Taluk, Bangalore – 560 099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru – 560 011, Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon – responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

MARUTI SUZUKI

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- ESP
- SEAT BELT PRE-TENSIONERS WITH FORCE LIMITERS
- ISOFIX CHILD SEAT ANCHORAGES
- PEDESTRIAN PROTECTION COMPLIANCE
- COMPLIANT WITH -
  - FULL FRONTAL IMPACT
  - FRONTAL OFFSET IMPACT
  - SIDE IMPACT

Feature and accessories shown may not be part of standard fitment. Black glass shade on the vehicle is due to lighting effect. Images used are for illustration purposes only.

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